



## 21 Days of Prayer and Fasting

E.M. Bounds once observed this truth as it relates to prayer and the plans of man,

God's plan is to make much of the man, far more of him than of anything else. Men are God's method. The Church is looking for better methods; God is looking for better men.

As we read through the Word of God we observe that God emphasizes that great revivals are always preceded by great prayer. This is one reason why James emphasizes, *"The prayer of a righteous man is powerful and effective..."* (James 5:16b). Jesus taught His disciples that great things happen when the church humbles itself before God and seeks His will above all things. Some Christians today have largely neglected the simple principle of prayer and laid it off to the side as another tradition that has become optional in their walk with the Lord. God calls each of us to center our lives upon Jesus Christ as our Rock and seek Him for wisdom, guidance, and direction therefore becoming "Christians of Prayer." This is not an optional principle for life rather it is essential for giving God glory in life. Oh, that we would adopt the attitude of Hudson Taylor as leaders as he declared, *"You must go forward on your knees."* God desires for us to honor Him with great humility as we enter into a time of prayer and fasting.

### Our Purpose for Prayer and Fasting

---

As we enter into the next 21 Days of Prayer and Fasting the leadership is called to come together as **One Body** seeking the face of God with **One Voice** lifting up **One Prayer**. Our great desire is to see Revival, Unity, Wisdom, and Direction take place in the heart of every individual, in the midst of every family, and throughout the entire Church Body. Over the next three weeks the leadership is asked to come together to seek the providence of God in three areas: Humility, Provision, Wisdom and Guidance.

## The Twenty-One Day Plan

---

The plan set forth during our Twenty-One Days of prayer and fasting is based upon Biblical instruction and examples as seen in the Word of God. There are three major parts to the 21 Day Plan: Prepare, Pray, and Proceed

### Step #1 – Prepare

Each week we will also ask people to take part in fasting for spiritual breakthrough. We are only asking people to choose one day per week to fast, *not the entire twenty-one days*, and to focus their attention this day upon the topic for that week.

**Isaiah 58:6-8** – Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke? Is it not to share your food with the hungry and to provide the poor wanderer with shelter – when you see the naked, to clothe him, and not to turn away from your own flesh and blood? Then your light will break forth like the dawn, and your healing will quickly appear; then your righteousness will go before you, and the glory of the Lord will be your rear guard.

Fasting is not always giving up food. It is about sacrificing something valuable to you and giving that time that you would have spent on the activity over to the Lord for a designated time. Fasting is done to seek the providence of God in a more intimate, sacrificial manner.

### Step #2 – Pray

Each week each leader is asked to focus some of their prayer time upon the topic for that week. You may use this devotional guide as part of your devotional time.

**Matthew 18:19-20** - Again, I tell you that if two of you on earth agree about anything you ask for, it will be done for you by my Father in heaven. For where two or three come together in my name, there am I with them.

During the course of our Twenty-One Day Journey, the church is asked to take a set amount of time every morning to pray on the specific topic for the week while lifting up your fellow Christians in prayer.

### Step #3 – Proceed

The final part of the Twenty-One Day Plan is found in the application of God’s Word and His direction as discovered through this process. Journal the prompting and guidance of the Lord in the “Prompting from the Lord” section of the Study Guide as God directs you throughout the 21 Day Journey.

**Isaiah 57:15** – For thus says the high and exalted One Who lives forever, whose name is Holy, “I dwell on a high and holy place, And also with the contrite and lowly of spirit In order to **revive** the spirit of the lowly And to **revive** the heart of the contrite.”

# WEEK #1 - HUMILITY

When there are dissensions, and jealousies, and evil speakings among professors of Christianity, then there is great need of a revival. These things show that Christians have got far from God, and it is time to think earnestly of a revival. – *Jonathan Edwards*

## DAY #1

### Verse of the Day

**2 Chronicles 7:14** – If my people who are called by my name humble themselves, and pray and seek my face and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land.

### Point to Ponder:

Revival never occurs apart from humility, prayer, and repentance which must be present in the heart of each Christian in order to be present in the heart of the church. The desires and dissension in the heart of man must be defeated in order for revival to be realized in your own life.

### Daily Prayer Point:

Pray that you and your family would receive a spiritual revival in your own life.

### My Thoughts for the Day:

## DAY #2

### Verse of the Day

**1 Peter 5:5<sup>b</sup>** – Clothe yourselves, all of you, with humility toward one another, for “God opposes the proud but gives grace to the humble.”

### Point to Ponder:

Pride sets one against God and vice versa. Christians must cast off their own pride and selfish pursuit in order to receive the greatest blessings of the Lord including His grace. God only gives His grace to the humble therefore let us cloth ourselves with humility today.

### Daily Prayer Point

Ask God to remove pride from your life so that He will get the glory in your life. Make a conscious effort to clothe with humility today.

### My Thoughts for the Day:

## DAY #3

### Verse of the Day

**1 Peter 5:6** – Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you...

### Point to Ponder:

Vance Havner once observed, “We may never be martyrs but we can die to self, to sin, to the world, to our plans and ambitions.”

### Daily Prayer Point

Humility before the Lord requires that you are willing to pursue His desire for your life above your own. You can't begin living for Christ until you first learn to die to self. This is one of the essential traits of an authentic Christian that challenges the desire of the heart. Choose the Lord today!

### My Thoughts for the Day:

## DAY #4

### Verse of the Day

**Ephesians 4:2** – Be completely humble and gentle; be patient, bearing with one another in love.

### Point to Ponder:

J. Hudson Taylor gives us this thought to ponder, “Should we not do well to suspend our present operations and give ourselves to humiliation and prayer for nothing less than to be filled with the Spirit.”

### Daily Prayer Point

Many times Christians seem to be a “bear” to one another instead of “bearing” with one another. As the Body of Christ, we are not united by opinions or popularity rather we are united by the Blood of Jesus Christ and this mission to seek and save the lost with the message of the cross. Ask God to stir your spirit and cause a spiritual awakening in your church.

### My Thoughts for the Day:

## DAY #5

### Verse of the Day

**Acts 3:19** – Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord...

### Point to Ponder:

Charles Spurgeon once challenged Christians with these words, “Study the Word, that your faith may not stand in the wisdom of men, but in the power of God...Oh, that you studied your Bibles more! Oh, that we all did! How we could plead the promises! How we could plead the promises!”

### Daily Prayer Point

Ask God to remove any sin that you may have in your life so that the time of refreshing would come to you and your church.

### My Thoughts for the Day:

## DAY #6

### Verse of the Day

**Revelation 2:5** – Remember therefore from where you have fallen; repent, and do the works you did at first. If not, I will come to you and remove your lampstand from its place, unless you repent.

### Point to Ponder:

Repentance is not easy but it is essential to experience God and His glory. You must be willing to turn all over to the Lord in order to live for His glory. Leonard Ravenhill states that one way you can accomplish this is through prayer as he states, “A sinning man stops praying; a praying man stops sinning.”

### Daily Prayer Point

Ask God to help you turn away from temptation and turn toward Him and His Word.

### My Thoughts for the Day:

## DAY #7

### Verse of the Day

**Jeremiah 15:19** – Therefore thus says the Lord: “If you return, I will restore you, and you shall stand before me. If you utter what is precious, and not what is worthless, you shall be as my mouth. They shall turn to you, but you shall not turn to them.

### Point to Ponder:

Duncan Campbell has observed, “It is one thing to shout it, it is one thing to sing it, it is one thing to talk about revival, but give me a people on their faces, seeking to be rightly related with God, and when that happens, we will soon know the impact of God in our country.”

### Daily Prayer Point

Ask God to restore you today and to give you a servant’s heart.

### My Thoughts for the Day:



## WEEK #2 - PROVISION

You must pray with all your might. That does not mean saying your prayers, or sitting gazing about in church with eyes wide open while someone else says them for you. It means fervent, effectual, untiring wrestling with God... - *William Booth*

## DAY #8

### Verse of the Day

**James 1:9** – And call upon me in the day of trouble; I will deliver you, and you will honor me.

### Point to Ponder:

Hudson Taylor observes, “Do not have your concert first, and then tune your instrument afterwards. Begin the day with the Word of God and prayer, and get first of all into harmony with Him.”

### Daily Prayer Point

Many times people rely upon their own strength and power to overcome their trials. But God’s desire is that we would rely less on self and more on His power and provision. Seek Him today!

### My Thoughts for the Day:

## DAY #9

### Verse of the Day

**Ephesians 4:3-6** – <sup>3</sup>Eager to maintain the unity of the Spirit in the bond of peace. <sup>4</sup>There is one body and one Spirit—just as you were called to the one hope that belongs to your call— <sup>5</sup>one Lord, one faith, one baptism, <sup>6</sup>one God and Father of all, who is over all and through all and in all.

### Point to Ponder

D.L. Moody once observed, “Now the question is, “Shall we have a great and mighty harvest, or shall we go on discussing our differences?” God desires for the Body of Christ to be unified in their pursuit of Him. May you continually pursue Him over the things of man.

### Daily Prayer Point

Ask God for His provision of unity and peace for your family and for the church.

### My Thoughts for the Day:

## DAY #10

### Verse of the Day

**Matthew 6:21** – For where your treasure is, there your heart will be also.

### Point to Ponder

Many times people value those things that they cannot keep for eternity. Yet the Lord calls each Christian to value things in this life that will last for eternity. What you value is what you pursue and seek to protect. What you seek with all your heart is what you value the most.

### Daily Prayer Point

Ask God to be the desire of your heart today. Treasure Him and His provision more than anything else while striving to be content with all that He has provided.

### My Thoughts for the Day:

## DAY #11

### Verse of the Day

**Matthew 6:33** – But seek first his kingdom and his righteousness, and all these things will be given to you as well.

### Point to Ponder

A.W. Tozer once observed, “The sovereign God wants to be loved for Himself and honored for Himself, but that is only part of what He wants. The other part is that He wants us to know that when we have Him we have everything - we have all the rest.”

### Daily Prayer Point

Ask God to help you to make Him the first focus and top priority of your life, family, and church. He is to be your “All in All” and promises to provide for those who seek Him as the most precious treasure.

### My Thoughts for the Day:

## DAY #12

### Verse of the Day

**Proverbs 16:3** – Commit to the LORD whatever you do, and your plans will succeed.

### Point to Ponder:

Nothing is too big or too small for the Lord to handle. Give all things, all possessions, and all decisions to Him today. John Stott has observed, “Christian giving is to be marked by self-sacrifice and self-forgetfulness, not by self-congratulation.” God is providing for you in order for you to give Him glory. Commit all you have and do to Him!

### Daily Prayer Point

Commit your finances, possessions, decisions, and life to the Lord today.

### My Thoughts for the Day:



## DAY #13

### Verse of the Day

**Psalm 40:1-2** – I waited patiently for the LORD; he turned to me and heard my cry. He lifted me out of the slimy pit, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand.

### Point to Ponder:

Leonard Ravenhill once observed, “Jesus didn't come to make bad men do good things. He came to make dead men live.” Even in the worst of trials God has promised to provide for those who pursue Him. Victory is only found through the power of the cross. Call upon Him today and be ready to accept His will for your life.

### Daily Prayer Point

Ask God to give you patience as you wait for His provision. Do not be hesitant to cry out for His protection as you face trials of great difficulty but also be sure to thank Him for His blessings.

### My Thoughts for the Day:

## DAY #14

### Verse of the Day

**Jeremiah 29:11-13** – “For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future. Then you will call upon me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart.”

### Point to Ponder

God knows your past as well as your future. His plan is better than yours so be willing to trust Him as He prompts, prods, and provides for you to proceed according to His ways.

### Daily Prayer Point

Praise God today for His provision and His salvation. Seek Him with a humble heart today.

### My Thoughts for the Day:

## WEEK #3 - GUIDANCE AND DIRECTION



Believers are strong only as the Word of God abides in them. The Word of God is spirit and life to those who receive it in simple faith, and it is a verifier of all who own its sway. – *Smith Wigglesworth*

### DAY #15

#### Verse of the Day

**James 1:5** – If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him.

#### Point to Ponder

E.M. Bounds once observed, “Praying gives sense, brings wisdom, and broadens and strengthens the mind. The prayer closet is a perfect schoolteacher and schoolhouse for the Christian. Thought is not only brightened and clarified in prayer, but thought is born in prayer.” Christians are in need of Godly wisdom more than any other commodity today. If you want wisdom, begin by asking for it.

#### Daily Prayer Point

Ask God to give you His wisdom today but be ready for with Godly wisdom comes Biblical responsibility.

#### My Thoughts for the Day:

### DAY #16

#### Verse of the Day

**Ephesians 5:15-16** – Be very careful, then, how you live not as unwise but as wise, making the most of every opportunity, because the days are evil.

#### Point to Ponder:

Leonard Ravenhill “Five minutes after you die you'll know how you should have lived.” Wisdom is not choosing to live for your own gain but to further God’s kingdom.

#### Daily Prayer Point

Ask God to help you make the most of this day for His glory not your own.

#### My Thoughts for the Day:

## DAY #17

### Verse of the Day

**Proverbs 2:6** – For the LORD gives wisdom, and from his mouth come knowledge and understanding.

### Point to Ponder

Wisdom is a gift from God not something you earn or buy. You must be willing to humble yourself before the Lord to receive it. The author and preacher J.I Packer observed, “Wisdom is the power to see and the inclination to choose the best and highest goal, together with the surest means of attaining it. Not until we have become humble and teachable, standing in awe of God's holiness and sovereignty. acknowledging our own littleness, distrusting our own thoughts, and willing to have our minds turned upside down, can divine wisdom become ours.”

### Daily Prayer Point

Ask God to give you and the church guidance to help us carry the message of the Gospel to the world.

### My Thoughts for the Day:

## DAY #18

### Verse of the Day

**Matthew 7:24** – Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock.

### Point to Ponder:

D.L. Moody rightly observed, “Some people think God does not like to be troubled with our constant coming and asking. The way to trouble God is not to come at all.”

### Daily Prayer Point

Do not hesitate to come to the Lord with the smallest to largest needs both for your life or the life of another. God blesses those who surrender to Him and desires for His people to intercede in prayer for others.

### My Thoughts for the Day:

## DAY #19

### Verse of the Day

**Proverbs 9:10** – The fear of the LORD is the beginning of wisdom, and knowledge of the Holy One is understanding.

### Point to Ponder:

Few people today fear God, that is why we see so few authentic Christians today and so many people deceived by the world. May each of us heed the words of David Livingstone as he observed, "Fearing God and working hard will bring the Lord glory. Now let us make haste in accomplishing both."

### Daily Prayer Point

Ask God to open your eyes to His truth and to help you develop a great reverence for Him today.

### My Thoughts for the Day:

## DAY #20

### Verse of the Day

**Proverbs 8:10-11** – Choose my instruction instead of silver, knowledge rather than choice gold, for wisdom is more precious than rubies, and nothing you desire can compare with her.

### Point to Ponder

Godly Wisdom is the most valuable item you can ever possess. Richard Cecil observed, "Wisdom prepares for the worst, but folly leaves the worst for the day when it comes." Too many Christians wait to look for wisdom when they find themselves in crises and fail to realize that God's wisdom could have prevented them from the crisis. Seek God's wisdom but be willing to apply it both in times of victory and times of trial.

### Daily Prayer Point

Ask God to help you be wise in your decisions today and surrender your day to Him from the moment you wake up.

### My Thoughts for the Day:

## DAY #21

### Verse of the Day

**1 Corinthians 1:25** – For the foolishness of God is wiser than man's wisdom, and the weakness of God is stronger than man's strength.

### Point to Ponder

A.B. Simpson once observed, “Mature Christians are so near the Lord that they are not afraid of missing His guidance. They are not always trying to promote their loyalty to God by their independence from others.” We may not always understand God’s ways. This is why Trusting in God always accompanies His wisdom.

### Daily Prayer Point

Ask God to help you begin trusting Him more, trust in yourself and your ways less.

### My Thoughts for the Day:

# Let Revival Come!

Unless otherwise noted, scripture quotations are New International Version, taken from the Holy Bible, NIV Version, Copyright 1973, 1978 & 1984 by IBS. All other scripture quotations copy rights remain with their respective publishers. All rights reserved.

