

# Dear Younger Me...



## ***LIFE LESSONS LIVED***

### **Sermon #2 – Be Patient...The Prize is Worth It**

**Luke 10:38-42**

October 01, 2017

#### **Discuss Sermon**

Make sure every day you do what matters most. When you know what matters most, everything makes sense. When you don't know what matters most, anything makes sense." – **Gary Keller**

Do you ever feel like you are always in a rush? Many people today suffer from "hurry sickness." This is when people are overwhelmed, stressed out, and overburdened by the distractions of life that ultimately rob each person of peace, joy, and happiness. As we learned in the message today, this is not a new issue facing mankind. It actually has been effecting mankind since the days of Jesus. The example of Martha and Mary as discovered in Luke 10:38-42 show us three lessons that we can learn in overcoming the distracted life by choosing devotion the Lord.

- What does it mean to be overwhelmed by the distractions of life?
- Which example do you most closely relate to within these verses: Martha or Mary?
- What are three steps that you can apply to eliminate more distractions in your walk with the Lord in order to live a more devoted life for the glory of God?

## Exchange Views

“It is not that we have too little time to do all the things we need to do , it is that we feel the need to do too many things in the time we have.” – **Gary Keller**

Each of us have the opportunity to choose the “One Thing” that really matters each day. We must make it a priority to choose spending time with the Lord or we will find ourselves overwhelmed with the priorities of the world.

**Luke 10:38-42** – <sup>41</sup> But the Lord answered her, “Martha, Martha, you are anxious and troubled about many things, <sup>42</sup> but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her.”

- What principle does the Jesus teach modern day Christians in this text?
- Describe the lesson of the “One Thing” as found in these verses.

## Examine Text – Luke 10:38-42

Read the main text from the sermon and reflect on the key words, phrases, and lessons that God is teaching us.

- What are the key lessons that you learn from this text?
- What do you learn about principles of devotion versus distractions in this text?

## Personalize Truth

“You need to be doing fewer things for more effect instead of doing more things with side effects.” – **Gary Keller**

Today’s message taught us several important lessons to help us overcome the distracted life. Review the lessons below and ask yourself how they apply to your life.

How can you cultivate a life of more focused devotion to the Lord this week?

- **Lesson #1 – Priorities**
- **Lesson #2 – Focus**
- **Lesson #3 – Commitment**

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**How to Use This Study Guide:** This guide can be used by individuals, families, & small groups to gain a deeper understanding of God’s Word. Each section is organized in these areas: **D.E.E.P** = Discuss Sermon, Exchange Views, Examine Text, and Personalize Truth.