

Dear Younger Me...



LIFE LESSONS LIVED

Sermon #3 – Be Careful Little Eyes...

Proverbs 4:20-27

October 08, 2017

Discuss Sermon

Proverbs 4:23 – Guard your heart above all else, for it is the source of life.

Many distractions come at you every day. Sometimes these distractions have a tendency to rob you of peace of mind and peace of heart. These distractions can influence you to lose focus on what is most important but also can get you to lose focus on which direction you need to be heading in life. The author of Proverbs 4 reminds us that for these reasons and much more, you need to carefully “Guard Your Heart” in this life for it is a wellspring of eternal life.

- What does it mean to “Guard Your Heart” as a Christian?
- What are practical ways that you can “Guard Your Heart” as a Christian?
- What are the results of not choosing to “Guard Your Heart” as a Christian?

Exchange Views

Proverbs 4:23-24 (HCSB) – ²³Guard your heart above all else, for it is the source of life. ²⁴Don't let your mouth speak dishonestly, and don't let your lips talk deviously.

You learned in this message that one major reason why you should “Guard Your Heart” as a Christian is because of the Principle of Priorities. This principle emphasizes that what you prioritize with your heart effects everything else in life.

What Your Heart Loves, Your Ears Will Hear, Your Eyes Will See, and Your Mouth Will Speak

- How does this principle apply in the life of the Christian today?
- How does this text relate to Philippians 4:8-9?

Examine Text – Proverbs 4:20-27

Read the main text from the sermon and reflect on the key words, phrases, and lessons that God is teaching us.

- What are the key lessons that you learn from this text?
- What do you learn about guarding your heart, eyes, ears, and life from this text?

Personalize Truth

“You need to be doing fewer things for more effect instead of doing more things with side effects.” – **Gary Keller**

Today's message taught us several important lessons to help you learn how to be more effective at guarding your heart and life from the lure of temptations.

How can you begin guarding your heart in the Lord this week?

- **Lesson #1 – Protect Your Ears**
- **Lesson #2 – Guard Your Heart**
- **Lesson #3 – Safeguard Your Vision**

**Download More Resources @
Sullivanfcc.org**

How to Use This Study Guide: This guide can be used by individuals, families, & small groups to gain a deeper understanding of God's Word. Each section is organized in these areas: **D.E.E.P** = Discuss Sermon, Exchange Views, Examine Text, and Personalize Truth.