

Dear Younger Me...



LIFE LESSONS LIVED

Sermon #4 – Sticks and Stones...

James 3:1-12

October 15, 2017

Discuss Sermon

Psalm 141:3 (ESV) – Set a guard, O LORD, over my mouth;
keep watch over the door of my lips!

We have all heard it said that “Sticks and Stones may break my bones but words will never hurt me.” Let me ask you a question: Is this a true statement? The answer is NO!

Everyone has said words that have hurt others and we have had words stated to us that have hurt us! Did you now that it has been estimated that most people speak enough words in one week to fill a 500 page book! In the average lifetime, this would amount to 3000 volumes or 1, 500,000 pages!

- What kind of books are you writing with your words?
- What are some of the most important words that you can say that builds up others?
- What are some of the most destructive words that you need to avoid using in life?

Exchange Views

Proverbs 12:18 – Reckless words pierce like a sword, but the tongue of the wise brings healing.

You learned in this message several reasons why you should learn to “tame your tongue” as a Christian. These principles emphasize that what you prioritize with your lips make an eternal difference in the life of others. By learning to “M.A.P.” your words you can more effectively bring glory to God with the words you speak.

- What does it mean to M.A.P. your words according to James 3:1-12?
- What does it mean to give an account for every careless word you utter?

Examine Text – James 3:1-12

Read the main text from the sermon and reflect on the key words, phrases, and lessons that God is teaching us.

- What are the key lessons that you learn from this text?
- What do you learn about taming your tongue in these verses?

Personalize Truth

Today’s message taught us several important lessons to help you learn how to be more effective at taming the tongue and spending more of your life focused on encouraging others rather than tearing them down.

How can you begin “M.A.P.ing” your words and encouraging others more effectively this week?

- **Principle #1 – Maturity**
- **Principle #2 – Accountability**
- **Principle #3 – Perpetuate**

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How to Use This Study Guide: This guide can be used by individuals, families, & small groups to gain a deeper understanding of God’s Word. Each section is organized in these areas: **D.E.E.P** = Discuss Sermon, Exchange Views, Examine Text, and Personalize Truth.