

RED LETTER LIVING

Sermon #6

Praising God for His Revelation, Redemption, and Rest

Matthew 11:25-30

July 16, 2017

Discuss Sermon

“Rest is a matter of wisdom, not law.” – **Woodrow Kroll**

Come and rest...These words are a welcome invitation to the multitude in our culture that are overworked, overstressed, and overextended. Every mother, father, and employee welcome this invitation.

The reality is that fatigue is not a foreign concept in your life. Robotic thoughts, easily irritable responses. We are a tired society-a weary generation. You have seen the faces of tired people and the long lists of things to do, people to please, accomplishments to complete...Everything needs attention-the kids, the carpet, your job. Everyone wants more. The government wants more taxes, your spouse wants more attention...Everybody wants more. It is during time such as this that you must remember to take a deep breath, rely upon the revelation and redemption of the Lord and simply rest in His presence. Resting in the Lord truly is a matter of wisdom not weakness.

- Why is it difficult to stop and find rest in the presence of the Lord in today's culture?
- What are different ways that you can rest in the presence of the Lord today?

Exchange Views

“Rest time is not waste time. It is critical to gather fresh strength... It is wisdom to take the occasional furlough. In the long run, we shall do more by sometimes doing less.” - **Charles Spurgeon**

Jesus Christ lays out a special invitation for His followers in Matthew 11:25-30. This invitation starts with responding to Him as the Ruler of the Universe compelling us to seek Him as the Redeemer of our time, our priorities, and our soul. Finally, He gives the invitation to come and find rest in Him alone.

- What does it mean to seek the Lord as the Redeemer of your time and priorities?
- Why is rest critical to a righteous walk with the Lord?

Examine Text – Matthew 11:25-30

Read the main text from the sermon and reflect on the key words, phrases, and lessons that God is teaching us.

- What are the key lessons that you learn from this text?
- What stands out to you about the invitation that is given from the Lord?

Personalize Truth

“God has promised to supply all our needs. What we don’t have now, we don’t need now.” – **Elizabeth Elliot**

God has given us many promises in His Word but one promise that gives us peace is the promise of “Rest.” We will never find true rest apart from the provision and protection of the Lord. The English word for “rest” refers to a time of “refreshing” and it means to restore or give new strength or energy to, to invigorate, to relieve after fatigue, to reanimate after depression, to revive what is drooping, to restore or maintain by renewing supply. When Jesus refreshes, He restores our strength, He relieves our spiritual fatigue, He revives our drooping spirits, and lifts our soul. Today, we find rest in our Savior...

- We can rest on His faithfulness—for He has been tried, and found faithful.
 - We can rest on His love—for He loves us to the uttermost.
 - We can rest on His power—for it is ever engaged on our behalf.
 - We can rest on His covenant—for it is ordered in all things and sure.
 - We can rest on His blood—for it speaks peace, pardon, and forgiveness.
- Make a list of at least three areas of weariness in your life where you need to seek “rest” and “restoration” of the Lord.
 -
 -
 -
 - How can you help encourage others to find the rest of the Lord today?

How to Use This Study Guide: This guide can be used by individuals, families, & small groups to gain a deeper understanding of God’s Word. Each section is organized in these areas: **D.E.E.P** = Discuss Sermon, Exchange Views, Examine Text, and Personalize Truth.

RED LETTER LIVING

Sermon #6

Praising God for His Revelation, Redemption, and Rest

Matthew 11:25-30

July 16, 2017

Discuss Sermon

“Rest is a matter of wisdom, not law.” – **Woodrow Kroll**

Come and rest...These words are a welcome invitation to the multitude in our culture that are overworked, overstressed, and overextended. Every mother, father, and employee welcome this invitation.

The reality is that fatigue is not a foreign concept in your life. Robotic thoughts, easily irritable responses. We are a tired society-a weary generation. You have seen the faces of tired people and the long lists of things to do, people to please, accomplishments to complete...Everything needs attention-the kids, the carpet, your job. Everyone wants more. The government wants more taxes, your spouse wants more attention...Everybody wants more. It is during time such as this that you must remember to take a deep breath, rely upon the revelation and redemption of the Lord and simply rest in His presence. Resting in the Lord truly is a matter of wisdom not weakness.

- Why is it difficult to stop and find rest in the presence of the Lord in today's culture?
- What are different ways that you can rest in the presence of the Lord today?

Exchange Views

“Rest time is not waste time. It is critical to gather fresh strength... It is wisdom to take the occasional furlough. In the long run, we shall do more by sometimes

| doing less." - **Charles Spurgeon** |

Jesus Christ lays out a special invitation for His followers in Matthew 11:25-30. This invitation starts with responding to Him as the Ruler of the Universe compelling us to seek Him as the Redeemer of our time, our priorities, and our soul. Finally, He gives the invitation to come and find rest in Him alone.

- What does it mean to seek the Lord as the Redeemer of your time and priorities?
- Why is rest critical to a righteous walk with the Lord?

Examine Text – Matthew 11:25-30

Read the main text from the sermon and reflect on the key words, phrases, and lessons that God is teaching us.

- What are the key lessons that you learn from this text?
- What stands out to you about the invitation that is given from the Lord?

Personalize Truth

| "God has promised to supply all our needs. What we don't have now, we don't need now." – **Elizabeth Elliot** |

God has given us many promises in His Word but one promise that gives us peace is the promise of "Rest." We will never find true rest apart from the provision and protection of the Lord. The English word for "rest" refers to a time of "refreshing" and it means to restore or give new strength or energy to, to invigorate, to relieve after fatigue, to reanimate after depression, to revive what is drooping, to restore or maintain by renewing supply. When Jesus refreshes, He restores our strength, He relieves our spiritual fatigue, He revives our drooping spirits, and lifts our soul. Today, we find rest in our Savior...

- We can rest on His faithfulness—for He has been tried, and found faithful.
 - We can rest on His love—for He loves us to the uttermost.
 - We can rest on His power—for it is ever engaged on our behalf.
 - We can rest on His covenant—for it is ordered in all things and sure.
 - We can rest on His blood—for it speaks peace, pardon, and forgiveness.
- Make a list of at least three areas of weariness in your life where you need to seek "rest" and "restoration" of the Lord.
 -
 -
 -
 - How can you help encourage others to find the rest of the Lord today?

How to Use This Study Guide: This guide can be used by individuals, families, & small groups to gain a deeper understanding of God's Word. Each section is organized in these areas: **D.E.E.P.** = Discuss Sermon, Exchange Views, Examine Text, and Personalize Truth.